

FITNESS

FITNESS ROOM REMINDERS

- The Fitness Center is open 24 hours a day.
- All guests must register at the Pool Reception before using the Fitness Center.
- Appropriate exercise attire, including footwear, must be worn at all times while using the equipment inside the Fitness Center.
- The use of the facilities is entirely at guests' own risk. The Fitness Center will not be held liable for any injuries/damage or loss of personal belongings incurred by guests whilst using the facilities.
- For your safety, please read the operating instructions on all equipment inside the Fitness Center or consult the Instructor before using the equipment.
- Guests under the age of 16 are not allowed to use the equipment inside the Fitness Center.
- Smoking inside the Fitness Center is strictly prohibited.
- The use of speakers is not permitted in the Fitness Center. Guests can bring their own headphones if necessary.
- Please do not bring food and beverages into the Fitness Center.
- Guests with diabetes, heart problems, high or low blood pressure or any form of medical condition shall consult their doctor before using any of the Fitness Center facilities and inform our staff of such medical conditions.
- Disorderly, rude or offensive behavior can result in refused admittance or removal from the premises.
- The management reserves the right to refuse entry, suspend or terminate the fitness membership of guest who fail to comply with the stipulated rules and regulations of the Fitness Center.
- Guests shall not abuse the Fitness Center equipment or facilities. Any guest who will
 fully or negligently cause such damage shall pay for maintenance.
- Loitering is not allowed inside the Fitness Center. Guests who are not in their proper exercise attire will not be permitted to stay inside the Fitness Center.
- Use of Fitness Center is complimentary for maximum of four registered guests per room. Php1800 shall be charged for additional guests.